

Wellness Committee Minutes

November 2, 2023 at 1530

Present: Tara Tjerstad, RN; Deanna Wiatt, Superintendent; Nick Yanske, Elementary PE teacher; Jenni Windsor, Sped Teacher; Stephanie Johnson, parent;

Missing: Judy Brauner, JH/HS PE Teacher; Nick Anker, JH/HS PE Teacher; Steve Boe, Agriculture/FFA Teacher; Sarah McAdams; Corey Peterson, Elem Principal; Laura Aleckson, HS Health Teacher; Rick Dobbs, JH/HS Principal

Holiday Party: Discussed how to put out to staff (email, save the dates, etc.); district to purchase pizza's/appetizers; 50/50 tickets for raffle prizes for all; raffle prizes to include gift cards from surrounding business; discussed potential dates, locations and times (4-7).

Use of funds: discussed professional development balance with wellness, utilizing our last early release (April 12th) for staff wellness activities, rotating potluck with activities throughout the school year (starting with Thanksgiving potluck), discussed a summer activity

Student Representative: Discussed keeping the representative as a high school student, possibly having 2 (junior/freshman) to keep them for a couple years so not having to switch students every year, possibly have it as a role for one of the student council members (will discuss with Aliah Kuehn) discussion with Darcy Sawyer and Kari Peterson for more ideas for students,

Healthy Snack List: Google doc created for each member to add to the list to help create a healthy snack list/nonfood list for parties in the classroom

Meeting adjourned